November Meditation 2023

November: A time for looking back with gratitude, and forward in trust, to the creative power of **Love at Work** in our beautiful yet suffering world.

“*If we are bearers of gratitude, the world itself will become better, even if only a little bit, but that is enough to transmit a bit of hope.”  Pope Francis 30/12/2020*

We begin this month by giving thanks for the holy people, who, by their words and examples, have shown us how to be faithful to our following of Christ. Saints from every walk of life and in every age up to the present.

**Who is my saintly heroine or hero who challenges or influences me in my life?**

We call to mind those we have known personally and who have died... perhaps over the past year… friends, relatives, members in our communities.

We thank God for the faith and love we have shared, and we entrust them to our loving Creator.

In gratitude, we recognise the “angels”, often appearing as ordinary people, who, by their kindness, friendship, and ministry, reveal to us Love’s presence.

We thank God for them and pray that we, too, may be agents of justice and peace for others.

“How much we must all pray for each other that we may prove our gratitude to God for all He has done for us”. –Cornelia Connelly