



**OUR INCARNATIONAL SPIRIT**  
**by Chika Eze, SHCJ**  
**Senior Lecturer, Faculty of Education,**  
**Department of Guidance & Counseling,**  
**Veritas University, Abuja, Nigeria**  
**RE-SOURCE #1 –**  
**February 2 – May 23, 2023**

**I'm looking at the issue of our  
incarnational spirit  
and how I understand it**

**I see it as a way of associating all  
my activity with that of God,  
trying to create life again.**

**View the 2-minute video  
(click here)**

**in which Chika reflects  
on how she lives  
our incarnational spirit  
every day as a lecturer  
for university students**

