



## MY EVOLVING UNDERSTANDING—2 “Bread Broken for All” by Gloria Okoh, SHCJ RE-SOURCE #1 – February 2 – May 27, 2023

“While they were eating, Jesus took bread and blessed it. He broke the bread, gave it to his disciples, and said, ‘Take this, and eat it. This is my body.’ ” Matthew 26:6

**At the beginning of my formation**, my understanding and experience of incarnation was that of God becoming human for my sake.

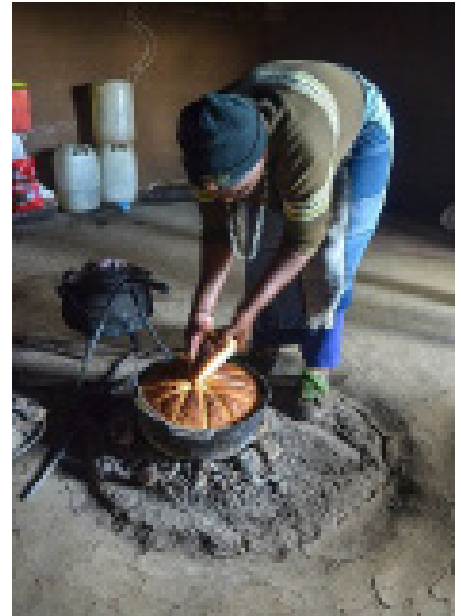
**As I advance in the spirituality and understanding** of the life I have chosen as an SHCJ, I have this to say about the image that spoke to me in the inter-province conversation, and continues to draw me now:

**Incarnation speaks to me  
in the image of the Broken Bread.  
Jesus is Bread Broken for all (Sacrifice).  
Love leads to such sacrifice; without LOVE,  
there will be no SACRIFICE.**



**Therefore, I am called to LOVE**, to be BROKEN FOR OTHERS and to SACRIFICE. I ask myself and all who will read this, the question asked by St Thérèse of the Child Jesus:

***“How do I treat the vulnerable,  
especially, those in my communities.”***



“Bread for the World”  
by Bernadette Farrell,  
from Journeysongs 3rd  
edition, OCP, 2012  
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