

LIVING the INCARNATION "A Constant Exuberance" by Gifty Abane, SHCJ RE-SOURCE #1 — February 2 – May 27, 2023

Incarnation is an art of conscious daily expression of what and who I am in every facet of life, and in the sight of the Creator God — *a continual process of becoming my best self thus clearing and sharpening my senses in the light of "the incarnate word;" *a creative expression of the divine in

every activity of my day, and that of others, just as potters inscribe their giftedness on their wares with passion and a sense of co-creating. **Incarnation is "the behind-the-scenes energy of creativity"** — * a great sense of zeal that burst forth in the classroom, as gardening, cooking, singing, decorating, designing, weaving, at table, dancing, you name it; *an overpowering grace in acceptance of pain, suffering, rejection, crisis, fear and despair. **Incarnation is a constant exuberance in concrete terms of a divine grandeur expressed in every possible human experience.**

ECHOES





The mystery of the Incarnation, according to Ronald Rolheiser, OMI, is "God taking on human nature and dealing with human beings in a visible, tangible way." God calls on us to continue to give his Incarnate Word to families, friends and strangers alike, in our homes, workplaces and our world. The Word, he says, is Incarnate when we:

Live with integrity as Jesus did. Care for others, treat others with dignity and respect. Affirm the goodness in others, when we lift up others. Forgive, no matter the hurt, as Jesus did. Open our eyes and ears to heed and respond as best as we can. Spread joy to others; work to bring justice and hope to others. Felicity Amikiya, SHCJ

God became human and continues to be so, each time I allow God to use me to further the Kingdom. So, God becomes flesh again in me and through me, touches & transforms lives. The same effect is multiplied in people of faith who let God fill their lives with the Spirit, & allow God's kingdom to come in them, & God's will to be done in them, & through them in others. Louisa Huni-Dadzie, SHCJ





A potter making impressive designs on her earthen pot. Bolgatanga Craft