By Mary Hamilton, SHCJ

The season of Advent has come again.

Some of us will celebrate in darkness and cold, others in summer splendor.

Whatever the external circumstances, Advent is about waiting.

Waiting is an inner disposition that requires carving out sacred time from our busy lives to be present to the mystery we are waiting for.

It is time to get in touch with our hopes and dreams and fears and expectations.

It is easy to get distracted by many things going on around us: politics, climate change, shopping, etc.

We may be tempted to bypass Advent entirely. We run the risk of focusing on tinsel and trees and missing the One who has come, and is happy to come to us again, in this holy season.

O come, O come, Emmanuel and ransom us.

What are you waiting for this Advent?

“Those who wait on the Lord shall renew their strength.”

– Isaiah 40:31