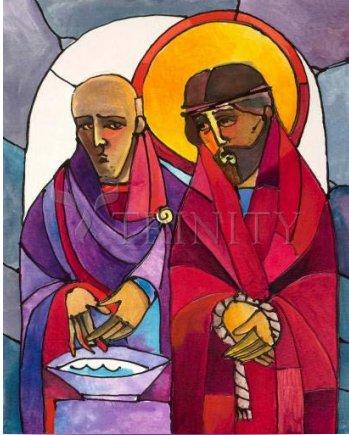


*Explore the Theme* — **“Ready to be crucified”**  
a prayer from Pastor Steve Garnaas-Holmes joined with stations of the cross by Mickey McGrath  
for other “Explore the Theme” postings visit: <https://www.shcj.org/explore-the-theme>



*Unless a grain of wheat falls into  
the earth and dies,  
it remains just a single grain;  
but if it dies, it bears much fruit.*

**Beloved,  
in love you have thrown the seed  
of yourself  
into the soil of us.**

**You have sown yourself in the  
wound of us,  
the dark, rich humus of our  
sorrow and lostness.**

**You have surrendered yourself  
to our pain  
and the taunting of the demons  
that haunt us.**

**You’ve allowed the seed casing  
of your life to split open,  
and your love to reach out,  
fingering tenderly through the  
dark soil.**

**You’ve already said, “Into your  
hand I commit my spirit.”**

**You have already died,  
and been raised to life that is  
eternal.**

**So now you are ready  
to ride your little donkey  
toward us.**

**Resurrected One, you are ready  
to be crucified.**

Steve Garnaas-Holmes  
[www.unfoldinglight.net](http://www.unfoldinglight.net)

