**Explore the Theme — **
**SING A NEW SONG!**

Learn this original song especially composed for SHCJ by Preston friends & musicians, Pete & Clare Cobb

*for other “Explore the Theme” postings visit: [https://www.shcj.org/explore-the-theme](https://www.shcj.org/explore-the-theme)*

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**Unless a Grain of Wheat**

Music arranged and played by Pete Cobb—© 2022 Pete Cobb  
Vocals by Clare Cobb  
Lyrics: © 2022—adapted from John 12:24

Pete and Clare Cobb are long-standing friends of SHCJ who lived in St Augustine’s parish in Preston, England. Pete, a teacher, has been appreciated also on the music scene for over thirty years, playing in various bands; Clare worked at the school almost next door to us. Their contribution to parish liturgy was outstanding. We thank them for their original composition and contribution to the exploration of the SHCJ General Chapter theme.

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**SING:** Refrain —

Unless a grain of wheat falls to the earth and dies,  
The life that’s held within it cannot thrive. x2

1. If we die to self we will rise to life in Christ R/
2. The seed that falls on deep soil will produce abundantly. R/
3. Those who sow in tears will be singing when they reap. R/
4. Let us nourish acts of goodness and God’s word will blossom true. R/
5. God’s reign will be established from the smallest seeds of love. R/