Explore the Theme — Lent is about Baptism
we begin Lent and by our Lenten observance we take care to water the seeds we have planted
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The seed is in the ground; we rest in hope as darkness does its work;
and during this season of Lent we water the earth that nurtures our seeds.

“Lent is about baptism.”
.... Water is a tricky element
.... too much water wipes out
almost all of creation. Following
the flood, God makes a covenant
not only with Noah, but also
with all “bodily creatures” that
such widespread destruction will
not come again through water ...

Yet death by water is part of the
sacramental sign of baptism ....
Baptism is a spiritual drowning
that is quite physically felt as we
struggle to surrender the last
breath of our old selves. Arising
again above the surface, we gasp
in ruah, the Spirit of God, who causes the flood waters to recede, who brings order from the watery
chaos, who is breathed into and animates us (Gen. 1-2) ....

Lent may not be where we want to go. We may fear that rather than confronting our temptations in 40
days of desert we will instead drown in them. The Spirit teaches us God’s paths, of which the psalmist
sings. These paths lead to the wild water of baptism, to the stark sands of the desert. On these paths
we learn to trust in God’s promise that we’ll not be destroyed, to believe that God’s salvation will lift
us from death to resurrection once again, to rejoice that water is not only a symbol of death but also a
sacrament of life. Amanda Osheim, Daily Theology.org

What seeds do I water?

Unless the grain of wheat ...