... wheat [is] ... the center of Christian sacramental life if you’re Catholic or any other variety of Christian.

Eucharist is the center of what we do so why wouldn’t we understand wheat from its cosmic origins all the way to our sacred banquet, and then ... see where we find hope; where do we find wisdom?

Philosopher/Cosmologist Linda Gibler, OP urges us to learn to listen to creation and read the “book” of nature as a story of wisdom & hope. Within that frame, she tells the story of the evolution of wheat from creation’s beginning 13.8 billion years ago to today’s eucharistic bread.

https://www.youtube.com/watch?v=iLP3eEUw28s

“Everything in the universe will teach us a story about God when we ask.
Then give to others the fruits of your contemplation.”

“Read that book [of nature] if you want to know God! Read that book always, often! A supernova explosion that tears a star apart, but that is required for trees, birds, bushes ... to happen!”

Unless the great star explodes into myriad particles, is annihilated & re-formed, it remains a single star; but if it follows the process of creation, it yields a universe of life in all its forms.

HAVE I READ THE BOOK OF NATURE TODAY?

Eucharist is the center of what we do so why wouldn’t we understand wheat from its cosmic origins all the way to our sacred banquet, and then ... see where we find hope; where do we find wisdom?”