


## ECO-ACTION FOR THE WEEK

September 17, 2021 – Actions for Our Own Dear Planet



**Trees and forests:** Fires, climate change, and deforestation threaten the survival of forests! Meat and dairy production is a major cause of destruction. The world's five biggest meat and dairy companies emit the same volume of greenhouse gases as fossil-fuel giant ExxonMobil. ([EcoWatch.com](https://www.ecowatch.com))

- **Relish** this site: [22 Benefits of Trees - TreePeople](https://www.treepeople.org/22-benefits-of-trees)
- **Use** [ecosia.org](https://www.ecosia.org) for searching because Ecosia plants a tree each time it is used.
- **Consider** the trees that feature in Gospel stories. Imagine a scene where Jesus sees a clear-cut forest, all life destroyed. Imagine his reaction. What might he say?
- **Enjoy** [Judi Dench: My Passion for Trees \(TV Movie 2017\)](https://www.youtube.com/watch?v=JmKdKdKdKd)
- **Reduce** the amount of beef you consume or waste by taking smaller portions. (About 80% of tree loss in the Amazon is caused by beef production, and that production causes other climate disruptions.)
- **Learn** about Meatless Mondays: <https://www.mondaycampaigns.org/meatless-monday>

**Delving Deeper:** **CLICK HERE** to a link for going deeper into today's theme

*Click here to download as a PDF document.*