

ECO-ACTION FOR THE WEEK

September 10, 2021 – Actions for Our Own Dear Planet

Reduce carbon pollution. Fossil fuel is the #1 source of carbon pollution in the U.S.

- **Divest** from fossil fuels, **reinvest** in renewable energy, and **ask your bank** to fund renewable energy, not fossil fuels. The Vatican recommends fossil fuel divestment: [Disinvest from fossil fuel, Vatican recommends](#)
- **Support** environmentally positive companies by your purchases and investments. **Boycott** companies that damage Mother Earth and/or contact their leadership to register your concerns. In *Laudato Si'* (par. 206) Pope Francis praises “boycotting certain products.” This site lists companies deserving boycotts and recommends how to judge good ones: [Boycotts List | Ethical Consumer](#). Take action on fossil fuel and energy; bottled water (Nestlé is now called Blue Triton and its brands include Poland Spring, Ice Mountain, Deer Park, Arrowhead); banks that bankroll fossil fuel production. Avoid companies operating throughout the Amazon rainforest that are linked to Indigenous rights abuses, hazardous pollution, corruption, biodiversity loss, and climate warming.
- **Pray** this week that the leadership of the above companies will respond positively to boycotts and consumer suggestions. Boycotts work: [History of Successful Boycotts | Ethical Consumer](#).
- **Reduce** your use of fossil fuels. Aim at zero use of plastic, which is made from fossil fuels. Increase consumption of organic and non-beef alternatives. Reduce car, truck, and flight pollution, which is especially harmful in low-income communities and communities of color, causing thousands of premature deaths and billions in health care costs every year. Avoid idling or speeding. Share rides. [Click here to send a comment to the EPA in support of the Clean Cars rule.](#)

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